Loving heavenly Father, I approach You again through the Person and work of the Lord Jesus Christ. I desire to obey Your will by being invincibly strong through Your Holy Spirit's enabling power. I praise You for Your goodness in providing the Holy Spirit for my benefit and strengthening. Thank You for that day when the Holy Spirit convicted me of my need of Your salvation. I praise You that He enabled me to open my heart to the Lord Jesus Christ and Your saving grace. I welcome the Holy Spirit's indwelling presence. It is with expectancy that I receive His peace, His comfort, and His illumination of my mind enabling me to understand Your Word. I greatly rejoice in the security of His sealing work. I delight that by His baptizing work the Spirit has put me into the Body of Christ and united me inseparably with Him. I praise Your name that the Holy Spirit has brought me to spiritual life and He will yet quicken my body at the resurrection day.

As I pray, I am increasingly conscious of my need of the Spirit's intercessions in me, through me, and for me. I pray that You will grant me the privilege of praying in the Spirit. May my thoughts and words be directed of Him. May He bring my petitions into Your presence with His perfect understanding of Your will.

I acknowledge Your plan and desire to fill me with Your Holy Spirit. Forgive me for grieving the Holy Spirit by my sinning. Enable me to appropriate more perfectly the victory You have provided for me to walk above sin and failure. Grant to me always the awareness of my sins that I might quickly confess them to You. I do not want to quench the Holy Spirit by a reluctance to submit fully to Your will and plan for my life.

Help me to see moment by moment those things You are teaching me about Yourself and Your will for my life. It is my constant desire to walk in the Spirit. I ask You to fill me with His power that You might be glorified through the invincible strength You provide me to do Your will. All of this I ask in the name of the Lord Jesus Christ for Your glory. Amen.

Mark I. Bubeck, Overcoming The Adversary, Moody Press,